

Three Day National Workshop on Women Capacity Building:

Training in Soft Skills

Dates: 21 March 2018 to 23 March 2018

Time: 9.30am to 4.30 pm

Venue: Seminar Hall, Department of Economics

**Organised by
Department of Economics, Kariavattom Campus
University of Kerala**



Day 1 : 21/3/2018 (Wednesday)

10 am to 11.00 am : Inauguration

Welcome : **Dr. Anitha. V.**, Associate Professor and Convenor, Department of Economics

Presidential Address : **Dr. A. Abdul Salim**, Head and Organising Secretary, Department of Economics

Inaugural address : **Dr. Meena. T. Pillai**, Professor, Department of English, University of Kerala
: **Women and Nation**

Vote of thanks : **Dr. Manju S. Nair**, Associate Professor, Department of Economics

11 am – 11.15 am : Tea break

11.15 am – 1 pm : **S. Suresh Kumar**, International Trainer, Life Coach and Hypnotherapist
: **Ice Breaking, Introduction to Soft Skills and Group Dynamics**

1.00 pm – 1.45 pm : Lunch

1.45 pm – 3.15 pm : **S. Suresh Kumar**, International Trainer, Life Coach and Hypnotherapist
: **Spark Yourself (Experience The Power of Motivation)**

3.15 pm – 3.30 pm : Tea Break

3.30 pm – 4.15 pm : **S. Suresh Kumar**, International Trainer, Life Coach and Hypnotherapist
: **Power of Goal Setting**

Day 2 : 22/03/2018 (Thursday)

9.30 am to 11 am : **S. Suresh Kumar**, International Trainer, Life Coach and Hypnotherapist
: **Magic of Mind Power**

11 am to 11.15 : Tea Break

11.15 am to 12.45 pm : **K.S. Sreekesh**, Zone Trainer, JCI
: **Team Work**

12.45 to 1.30 : Lunch

1.30 to 3 pm : **Ajith. S.**, National Trainer, JCI
: **Personality Development**

3 pm to 3.15 pm : Tea Break

3.15 pm to 4.45 pm : **S. Suresh Kumar**, International Trainer, Life Coach and Hypnotherapist
: **Introduction to Soft Skills and Goal Setting**

Day 3 : 23/03/2018 (Friday)

9.30 am to 11 am : **S. Suresh Kumar**, International Trainer, Life Coach and Hypnotherapist
: **Hellow Tomorrow – How to be Globally Competitive and Socially Responsible**

11 am to 11.15 : Tea Break

11.15 am to 12.45 : **M.S. Mohanachandran**, Zone Trainer, JCI
: **Communication Skills and Effective Public Speaking**

12.45 to 1.30 pm : Lunch

1.30 to 3 pm : **K.S. Sreekesh**, Zone Trainer, JCI
: **Leadership Skills**

3 pm to 3.15 pm : Tea Break

3.15 pm to 4.15 pm :
Welcome : **Siddik Rabiyyath**, Assistant Professor, Department of Economics

Chair : **Dr. A. Abdul Salim**, Head, Department of Economics

Valedictory Address : **Prof. Achuth Sankar S. Nair**, Head, Department of Bio Informatics, Kerala University

Vote of Thanks : **Dr. Anitha. V.**, Convenor

FOR REGISTRATION PLEASE CONTACT

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