

# UNIVERSITY OF KERLA



**Scheme and Syllabus  
for Career related First Degree Programme  
under CBCS system – 2 (b)  
in Affiliated Colleges 2014**

## **SOCIAL WORK**

**2014**

## Career related First Degree Programme CBCS system – 2 (b)

### Course Summary

Courses	No. of Courses	Hours / Week	Credits
Language Course	2	6	4
Open Course	1	3	2
Foundation Course	2	8	5
Core course: Theory – 18 Courses Field Work – 6 components, detailed below, 1. Exposure visits – 5 Social Work Agencies – Semester I 2. Rural camp – Semester II 3. Field Work (Community) – Semester III 4. Field Work (Community) – Semester IV 5. Agency based concurrent field work – Semester V 6. Block field work – Semester VI  *Field work comprises theoretical orientation, supervisory classes, discussion and evaluation, which are class room exercises. Hence the six components of field work are treated as specific courses, incorporated in core subjects. Total number of core courses – $18 + 6 = 24$	24	97 One day / Fortnight One week One day/ week One day/ Week 20 days  25 days/ One Month	85
Complementary course	4	20	12
Elective course	2	12	8
Project	1	4	4
<b>Total</b>	<b>36</b>	<b>150</b>	<b>120</b>

Further details furnished below.

#### Language

Sl. No.	Courses	Semester	Credits	Hours/Week
1	English	I	2	3
2	English	II	2	3
	<b>Total</b>		<b>4</b>	<b>6</b>

#### Open Course

Sl. No.	Courses	Semester	Credits	Hours/Week
1	Open course	V	2	3
	<b>Total</b>		<b>2</b>	<b>3</b>

### Foundation Course

Sl. No.	Courses	Semester	Credits	Hours/Week
1	Introduction to Social Work	I	2	3
2	Philosophy and Fields of Social Work	II	3	5
	<b>Total</b>		<b>5</b>	<b>8</b>

### Core Course

Sl. No.	Courses	Semester	Credits	Hours/Week
1	Social Challenges and Responses	I	4	6
2	Exposure Visits – Five Agencies	II	1	1 day/Fortnight
3	Rural Camp	II	1	One Week
4	Social Work Skills	I	3	5
5	Working with Individuals and Groups	II	4	5
6	Environmental Studies	II	4	5
7	Working with Community and Social Action	III	4	6
8	Inclusive Practice in Social Work	III	4	5
9	Skills for working with Community	III	3	5
10	Field Work – Community	III	4	One day / Week
11	Human growth and Development	III	4	5
12	Health and Health Care Services	IV	4	5
13	Social work Administration	IV	4	6
14	Social Work Research	IV	4	6
15	Statistics for Social Work	IV	3	5
16	Field Work – Community	V	4	One day / Week
17	Rural and Urban Community Development	V	4	6
18	Social Legislation	V	4	6
19	Abnormal Psychology	V	4	6
20	Agency based concurrent field work	V	4	20 days
21	Planning Social Projects	VI	4	5
22	Social Work and contemporary issues	VI	3	4
23	Family life education	VI	3	4
24	Field work in Specific Settings	VI	4	25 days/ 1 month
	<b>Total</b>	<b>85</b>	<b>97</b>	

**Complementary Course**

Sl. No.	Courses	Semester	Credits	Hours/Week
1	Sociology for Social Work	I	3	5
2	Psychology for Social Work	II	3	5
3	Economics for Social Work	III	3	5
4	Management for Social Work	IV	3	5
	<b>Total</b>		<b>12</b>	<b>20</b>

**Elective Course**

Sl. No.	Courses	Semester	Credits	Hours/Week
1	Gender & Development Or Tribal Social Work	V	4	6
2	Programmes and Services for the elderly Or Development Communication	VI	4	6
	<b>Total</b>		<b>8</b>	<b>12</b>

**Project**

Semester	Credits	Hours/Week
VI	4	4

**Scheme and Syllabus of Bachelor of Social Work (BSW)****Semester I**

Sl. No.	Title of Courses	Type of course	Instruction of hours/Week	Credits	Course code
1	English	Language	3	2	EN1111
2	Introduction to Social Work	Foundation	3	2	SW1121
3	Sociology for Social Work	Complementary	5	3	SW1131
4	Social Work Skills	Core	5	3	SW1141
5	Social Challenges and Responses	Core	6	4	SW1142
6.	Exposure visits (Five Social Work Agencies)	Core	One day/ fortnight	1	SW1143
	<b>Total</b>		<b>22</b>	<b>15</b>	

**Semester II**

7	English	Language	3	2	EN1211
8	Philosophy and Fields of Social Work	Foundation	5	3	SW1221
9	Psychology for Social Work	Complementary	5	3	SW1231
10	Working with Individuals and Groups	Core	5	4	SW1241
11	Environmental Studies	Core	5	4	SW1242
12	Rural Camp	Core	One week	1	SW1243
	<b>Total</b>		<b>23</b>	<b>17</b>	

**Semester III**

13	Economics for Social Work	Complementary	5	3	SW1331
14	Human Growth and Development	Core	5	4	SW1341
15	Working with Community and Social Action	Core	5	4	SW1342
16	Inclusive Practice in Social Work	Core	5	4	SW1343
17	Skills for working with Community	Core	5	3	SW1344
18	Field work – Community	Core	One day/Week	4	SW1345
	<b>Total</b>		<b>26</b>	<b>22</b>	

**Semester IV**

19	Management for Social Work	Complementary	5	3	SW1431
20	Health and Health Care Services	Core	5	4	SW1441
21	Social Work Administration	Core	6	4	SW1442
22	Social Work Research	Core	6	4	SW1443
23	Statistics for Social Work	Core	5	3	SW1444
24	Field work – Community	Core	One day/ Week	4	SW1445
	<b>Total</b>		<b>27</b>	<b>22</b>	

**Semester V**

25	Open course	Open	3	2	SW1551
26	Rural and Urban Community Development	Core	6	4	SW1541
27	Social Legislation	Core	6	4	SW1542
28	A. Gender & Development or B. Tribal Social Work	Elective	6	4	SW1561
29	Abnormal Psychology	Core	6	4	SW1543
30	Agency based concurrent field work	Core	20 days	4	SW1544
	<b>Total</b>		<b>27</b>	<b>22</b>	

**Semester VI**

31	Planning Social Projects	Core	6	4	SW1641
32	Social Work and Contemporary issues	Core	5	3	SW1642
33	Family life education	Core	5	3	SW1643
34	A. Programmes and Services for the elderly or B. Development Communication	Elective	5	4	SW1661
35	Block Field Work	Core	25 days/ One month	4	SW1644
36	Project	Project	4	4	
	<b>Total</b>		<b>25</b>	<b>22</b>	

## Detailed syllabus semester-wise

### Semester - 1

#### Foundation Course – 1

**Credit: 2**

**Hrs/Week: 3**

## **2. INTRODUCTION TO SOCIAL WORK**

### **Objectives**

- To understand the history of Social Work Profession in India and abroad
- To understand the basic values and principles of Social Work Profession
- To understand the basic concepts relevant to Social Work Practice.

### **Course outline**

#### **Module I Introduction to Social Work**

Meaning, Definitions, Basic Assumptions, Scope, Objectives and Functions and Methods.

#### **Module II Social Work and Related Concepts**

Meaning and Definition: Social Service, Social Welfare, Social Reform, Social Justice, Social Health, Social Security, Social Policy, Social Defence, Social Development, Human Rights, Social Legislation, Social Work Administration.

#### **Module III Historical Evolution of Social Work in India and Kerala**

19<sup>th</sup> Century, 20<sup>th</sup> century , Right Based, Caste Based, Religion Based-contributions of Missionary work , Freedom Struggle, Social work Education in India.

#### **Module IV Historical Evolution of Social Work in Western Countries**

Development of Professional Social Work –USA and UK. Development of Social Work Education

#### **Module V Social Work Ethics and Principles**

Basic Values, Ethics and Principles of Social Work.

### **References**

1. Zastrow Introduction to social work and social welfare, The Dorsey Press. 1996
2. Misra P.D. Social Work: Philosophy and Methods, Inter-India Publications. 1994,
3. Desai Murli IDEOLOGIES AND SOCIAL WORK Historical and Contemporary Analyses, Hyderabad: Rawat Publication, 2010.
4. Chowdhary, Paul D. Introduction to Social Work; history, concept, methods and fields, Atma Ram & Sons. 1984
5. Friedlander, Walter A. Concepts and Methods of Social Work, Prentice Hall of India Private Limited. 1964
6. Wadia A.R. History and philosophy of social work in India, Allied Pacific Private Limited. 1961
7. Zastrow H Charles, The Practice of Social Work, Brooks/Cole publishing company, USA, 1999, 6<sup>th</sup> edn.
8. Dubois, Brenda and Karla Krogsrud Miley. Social Work An Empowering Profession. Boston: Allyn and Bacon, 2002.

## Complementary 1

### Semester I

**Credits 3**

**Hrs 5**

### 3. SOCIOLOGY FOR SOCIAL WORK

**Credits 3**

**Hrs 5**

#### Objectives

- To provide a sociological perspective for effective Social Work practice
- To familiarise with various Sociological concepts, social institutions and its use in Social Work Profession

#### Module I Sociology

Meaning, Concepts and Definitions- Origin, Development and importance,

#### Module II Social Concepts

Society, Community, Institution, Association, culture, traditions, customs values

#### Module III Social Institutions

Family, Marriage, Religion, Education

#### Module IV Socialisation

Concepts and Agents of Socialisation

#### Module V Relevance of Sociology in Social Work

Difference between Sociology and Social Work, importance of sociology in social work

#### References

1. Ghurye . G. S., Caste, Class and Occupation, Popular Book Depot, Bombay 1961 (Revised Edn. Caste and Race in India).
2. Gouldner Alvyn W. Gouldner Helen P., Modern Sociology; An introduction to the Study of Human Interaction, Hacourt Brace and world. New York, 1963
3. Kapadia K. M. – Marriage and Family in India, Oxford University Press, London, 1957.
4. Jain PC – Social Movements among Tribals, New Delhi. 1991
5. Pandey , A.K – Tribal Society in India, New Delhi. 1997
6. Sharma S – Social Movements of Social Change. New Delhi. 1985
7. Srinivas, M.N – Village, Caste, Gender and Method (Essay in Indian Social Anthropology), New Delhi. 1996
8. Jeffrey c Alexander & Kenneth Thompson, Sociology, Paradigm Publications
9. Francis Abraham, Sociological thought
10. Ram Ahuja , Society in India
11. MN Srinivas, Indian Social structure
12. SC Dube, Indian society
13. Ram Ahuja , Indian social systems
14. Francis Abraham : Contemporary Sociology (Oxford publication)

**Core I**  
**Semester I**

**Credit – 3**

**5 HRS**

**4. SOCIAL WORK SKILLS**

**Objectives**

- To equip the students with social work skills
- To enable the students to acquire the skills of applying the life skills in the field of social work
- To generate, knowledge, attitude and practice in various skills for social workers.

**Module 1 – Basic Life Skills:**

Definition – Social Skills - Self Awareness through SWOT Analysis, Empathising with Others - Effective Communication and Interpersonal Relationship - Assertive skills - Handling negative peer pressure.

**Module 2 – Thinking Skills:**

Critical Thinking – Rational and Unbiased view. Creative thinking- Being flexible & Exploring options. Decision Making & Problem Solving – Model for Decision making - Negotiation skills - Responsible sexual behaviour - Handling stigma & discrimination.

**Module 3 Emotional Skills**

Coping with emotions- Emotional Intelligence & Empathy - Handling Negative Criticism, Hurt feelings and Anger. Coping with Stress, Burn outs and stages of burn outs.

**Module 4 - Employability Attributes & Skills Initiative, Self-presentation, Personal responsibility, Self – Management, Sustaining motivation in work, Ability to deal with pressure, Work-Life Balance, Team Work, Integrity and Time Management**

**Module 5 - Entrepreneurial Attitude and Skills**

Innovativeness, Initiative, Risk taking ability, Achievement Motivation , Identification of business opportunities, Being Resourceful, Perseverance, Confidence and Hard work .

**References:**

1. Clements Phil. 1998. Be positive. Kogam Page India Pvt. Ltd. New Delhi.
2. Gupta Seema. 2001. Etiquette and Manners. Pustak Mahal. Delhi.
3. Lindenfield Gael. 1997. Assert Your-self. Harper Collins Publishers India Pvt. Ltd. New Delhi.
4. Maheswari G.D.2000. Complete Guide to Career Planning. S. Chand & Company Ltd. New Delhi.
5. McGrath E.H. 1997. Training for Life and Leadership in Industry. Prentice Hall of India Pvt. Ltd. New Delhi.
6. Nelson, Richards & Jones. 1990. Human Relationship Skills. Better yourself Books. Mumbai.
7. Pestonjee D.M. 1999. Stress and Coping. 2<sup>nd</sup> Edition. Sage Publications Ltd. New Delhi.
8. Sing, Dalip. 2006. Emotional Intelligence at work. 3<sup>rd</sup> Edition. Response Books. New Delhi.
9. Stogdon, chris & Robin, Kiteley. 2010. Study Skills for Social Workers. Sage Publications Ltd. New Delhi.
10. Sudha, Datar. 2010. Skill Training for Social Workers. Sage Publications Ltd. New Delhi.
11. Vas S.R. Luis. 2001. Discover the power of your Inner Self. Better Yourself Books. Mumbai.

## 5. SOCIAL CHALLENGES AND RESPONSES

Core – 2

Semester 1

Credit – 4

6 HRS

### Objectives

- To provide insight about present social problems and their magnitude
- To enable the students to understand the impact of social problems on social life.

### Module I Social Problems

Definition, meaning, characteristics, causes and Types

### Module II Poverty and unemployment:

Meaning, Types and Causes. Programmes for alleviating poverty and unemployment. Population problems: Causes, Characteristics and Preventive programmes. Migration and Displacement.

### Module III Substance abuse

Causes, types, preventive measures. Suicide: Definition, causes, Preventive Measures and Crisis Intervention, AIDS; Psychosocial & medico legal aspects.

### Module IV Crime

Concepts, Prevention of violence against women, sex work, Cyber crime, Domestic violence, Work place harassment, Human Trafficking Communalism, Casteism and terrorism.

### Module V Juvenile Delinquency

Classification, causes and preventive programmes. Child abuse: School & Family Interventions. Child Labour: Causes, remedial programmes.

### References

1. Encyclopedia of Social Problems and Social Change (Vol 1-5) Ranjith Rajadhyaksha
2. Social problems in India – Ram Ahuja
3. Social Problems – Society in Crisis. Daniel J. Curran, Claire M. Renzetti
4. Economics of child Labour K. P Kannan
5. Population and Poverty – Current status and Future approaches – M. Walter
6. Indian Social Problems – G R Madan

**SEMESTER II****Foundation – 2****Semester II****Credit – 3****5 HRS****8. PHILOSOPHY AND FIELDS OF SOCIAL WORK****Objectives:**

- To create awareness about enlarging scope of Social Work Profession
- To familiarise with problems in various fields of Social Work

**Module I: Basic Concepts**

Philosophy, Basic Assumptions, Principles and applications in various fields

**Module II: Social Work in Different Settings - I**

Social work in Health settings- Medical and psychiatric social work, and Geriatric social work

**Module III: Social Work in Different Settings –II**

Social work in Correctional Settings, Community development –Rural and Urban

**Module IV: Social Work in Different Settings –III**

Social work with Children , youth, women and family, School social work.

**Module V: Social Work in Different Settings –IV**

Social work in Industries , Corporate social responsibility- concept.

**Reference:**

1. Social Work – An introduction to Field: Stroup H. H
2. Fields of Social Work – Fink A E
3. History and Philosophy of Social Work in India – AR Wadia
4. School Social Work – Anjali Gandhi
5. Mental Health in Class rooms – Mary Venus C.J
6. Encyclopaedia of Social Work
7. Social Work with Older people: Crawford Walker

**Complementary – 2****Semester II****Credit - 3****5 HRS****9. PSYCHOLOGY FOR SOCIAL WORK****Objectives:**

- To understand the human behaviour, emotions, feelings and attitudes
- To understand the basic concepts of psychology and its application in social work
- To provide basic awareness about psychiatric disorders

**Module 1 Psychology:**

Definition, Meaning nature and scope of psychology

**Module 2 Basic psychological concepts**

Meaning and Definition – Perception, Learning, Memory, Cognition Motivation, Attitudes & Intelligence

**Module 3: Personality development**

Concept of Personality, Meaning, factors affecting personality ,skills in understanding one’s personality

**Module 4 Social Psychology**

Meaning, concept and definition of social psychology, Attitude, Social perception, Leadership, Rumours, Morale, Prejudice, Social cognition

**Module 5 Psychology and Social Work**

Relevance of Psychology in social work, application of psychology in social work

**Reference:**

1. Morgan Clifford: Introduction to Psychology, McGraw - Hill BookCo., New York, 1986
2. Munn Norman L: Introduction to Psychology, Houghton Mifflin Co.Bos,New York, 1969
3. Krech David &Cruchfield Richard S : Elements of Psychology, A Briefer Course, Alfred Knopf,New York,1970.
4. Elizabeth B.Hurlock: Developmental psychology, Tata McGraw-Hill.Ltd, New Delhi. 1996
5. Elkind David: Children and adolescents:, Oxford University Press, New York, 197
6. Hoffiman Lois, Paris Scott : Developmental psychology, McGraw-Hill Inc,New York. 1994.
7. S. K Mangal- Abnormal Psychology
8. Sarason & Sarason– Abnormal Psychology

**Core Course****Semester II**

**Credit - 4**

**5 HRS**

**10. WORKING WITH INDIVIDUALS AND GROUPS****Objectives:**

- To provide an understanding of the basic concepts of social case work & social group work
- To help students build up the attitude and skills for practising social case work
- To make them familiarize with group formation, group work process and evaluation
- To enable them to acquire the ability of analyzing the problems of groups

**Module I**

**Need and significance of working with individuals and groups / Social case work:** - Meaning, Definition and Principles / **Social group work:** - Meaning, Definition and Principles (17 Hrs)

**Module II**

**Process of case work:** - Study, Diagnosis, Prognosis, Treatment, Evaluation, Termination & Follow up (17 Hrs)

**Module III**

**Process of group work:** - Intake, Study, Diagnosis, Treatment & Evaluation (17 Hrs)

**Module IV**

**Skills of Case worker:- Fact finding skills** – Interviewing skills, Multiple client interviewing, Observation skills and Home visit

**Basic skills of group work** (17 Hrs)

**Module V Recording:-**

**Types of case work recording:** - Verbatim, Narrative, Condensed, Analytical and Summary records, Case study and shadowing

**Types of group work recording** (17 Hrs)

**Reference:**

1. Hamilton Gordon - Principles of Social Case Recording, Colombia University Press, London, 1965
2. Grace Mathew - An Introduction to Social Case Work. Tata Institute of Social Sciences, 1992
3. Friedlander W.A.- Concepts and Methods of Social Case Work, Prentice Hall, 1964.
4. Richmond, M. (1917). Social Diagnosis.
5. Gordon Hamilton - Theory and practice and Practice of Social Casework. Colombia University Press, London, 1964
6. Retna Parki – Case Work practices in India , TISS
7. Misra P.D – Social work – Philosophy and Methods – Inter India Publications
8. Collins Donalid, Jordan Cathleen: An introduction to Family Social Work
9. Siddiqui, H Y (2008). Group Work: Theories and Practices. Rawat publication
10. Capuzzi, David; Gross, Douglas R; Stauffer, Mark D. Introduction to Group work, Rawat publications, 2010
11. Trecker, Harleigh B. – Social Group work Practice, New York, Women’s Press 1990.
12. Thelen H.A.- Dynamics of Groups at Work, Chicago, Phoenix Books.
13. Charles D. Garvin: Contemporary Group Work: Prentice Hall, 1997.
14. Toseland W., Roland Rivas F. Robert: An Introduction to group work practice, Macmillan Publishing Co., 1984.

**Core Course****Semester II**

**Credit - 4**

**5 HRS**

**11. ENVIRONMENTAL STUDIES****Objectives:**

- To enable the students to acquire knowledge about environment

- To enable them to contribute towards maintaining and improving the quality of the environment

### Module I

**Environmental studies:** - Meaning, Definition, Scope & Importance / **Natural resources:** - Renewable & Non renewable resources / **Forest, Water, Mineral, Food, Energy & Land Resources:** - Use, Exploitation, Changes, Benefits and Conflicts / **Role of an individual in conservation of natural resources** / **Equitable use of resources for sustainable life styles.** (16 Hrs)

### Module II

**Ecosystem:** - Concept, Structure, Functions, Producers, Consumers & Decomposers / **Energy flow / Ecological succession / Food chains, Food webs & Ecological pyramids / Forest ecosystem / Green land ecosystem, Desert ecosystem / Aquatic ecosystem.** (16 Hrs)

### Module III

**Bio diversity and its conservation:** - Introduction, Definition, Threats, In-situ and Ex-sit conservation of bio diversity / **Eco system diversity / Value of biodiversity / Social, Ethical, Aesthetic & Option values at global, national and local levels.** (16 Hrs)

### Module IV

**Social issues and Environment:-** From unsustainable to sustainable development / **Urban problems related to energy / Environmental pollution:-** Definition, Causes & Effects / **Air, Water, Soil, Marine & Noise pollution, Thermal and Nuclear hazards:-** Prevention and control measures / **Solid waste management:-** Meaning & Importance / **Water conservation / Rain water harvesting / Watershed management / Resettlement and rehabilitation of people:-** Problems, Concerns, Case studies. (25 Hrs)

### Module V

**Environmental ethics:-** Issues & possible solutions / **Climate change / Global warming / Acid rain / Ozone layer depletion / Nuclear accidents and holocaust:-** Meaning & Case studies / **Waste land reclamation / Consumerism & waste products / Environment protection Act (Prevention & control of pollution) & Forest conservation Act -** Salient features (17 Hrs)

### Books recommended

1. Introduction to Environmental Economics – Nick Hanley et al – Oxford
2. Ecology and Economics – Ramprasad Sengupta – Oxford
3. Environmental Economics – an Indian perspective – Rabindra N Bhattaria – Oxford
4. Bharucha Erach, The Biodiversity of India, Mapin Publishing Pvt Ltd, Ahmadabad
5. Brunner RC, 1989, Hazardous Waste Incineration. McGraw Hill Inc.
6. Jadhav H & Bhosale, VM 1995. Environmental Protection and Laws. Himalaya Publishing House, New Delhi.
7. Mhaskar AK, Matter Hazardous, Techno-Science Publication (TB)
8. Miller TG, Jr. Environmental Science Wadsworth Publishing Co. (TB)
9. Survey of the Environment, The Hindu (M)

**SEMESTER III****Complementary Course****Semester III****Credit– 3****5 HRS****13. ECONOMICS FOR SOCIAL WORK****Objectives**

- To understand the basic economic concepts, principles, theories and its application in Social work profession.
- To understand and analyse economic problems with social work perspective

**Module 1 – Economics**

Meaning, Definitions, Basic economic activity, Theory of Demand and supply, Factors of production- Land, labour, capital, social organisation

**Module 2**

Basic Economic systems: Meaning , Definition, merits and demerits -Capitalism, Socialism, Mixed Economy – Salient features of Globalisation, privatisation and Liberalisation

**Module 3- Economic Indicators**

National Income, Per capita income, Gross Domestic Indicators

**Module 4 – Human Development Indicators**

Concepts- Human Development Indicators (HDI), Composite of HDI – Health, Education and Income

**Module 5 – Indian and Kerala Economy**

Basic features of Indian and Kerala Economy, Concepts- Welfare economics and five year plan

1. Ackerman Frank (ed.) – Human Wellbeing and Economic Gains, Washington DC. 1997
2. Aggarwal, Ashish – GATT and Developing Countries. New Delhi. 1994
3. Batra G.S; Narinder Kaur – GATT and Implications of Dunkel Proposal, New Delhi. 1994
4. Carse Robert, Vijay Joshy (ed.) – The Future of Economic Reforms, New Delhi. 1995
5. Chakraborty, Binal – The UN and the Third World Shifting Paradigm, New Delhi. 1996
6. Rugman Alan – The End of Globalisation, London
7. Sen – Development as Freedom. 2000.
8. Ruddar Datt &. K.P.M. Sundharam- Indian Economy. 2011.

**Core Course****Semester III****Credit - 4****5 HRS****14. HUMAN GROWTH AND DEVELOPMENT****Objectives:**

- To understand the physical, psychological & Social changes of various developmental stages

- To identify problems and hazards of developmental stages

### **Module 1**

Development psychology - Definition, meaning and scope. Developmental Psychology and its importance in social work practice. Growth and Development – Meaning, Heredity & environment Maturation /learning.

### **Module 2**

Developmental tasks/needs /problems - Prenatal Pregnancy - Child Growth &Development

### **Module 3**

Developmental tasks/needs /problems – Infancy, Babyhood , Childhood

### **Module 4**

Developmental tasks/needs /problems – Adolescence, Puberty, Adulthood

### **Module 5**

Developmental tasks/needs /problems – Old age

### **Reference:**

1. Rajammal P Devadas : A Text Book on Child development
2. Elizabeth B Hurlock : Developmental Psychology-a life span approach, Tata McGraw-Hill Publishing Co. Ltd. New Delhi, 1996
3. Berk Laura E : Development Through the Lifespan, Allyn and Bacon, London, 1998.
4. Siegelmann & Shaffer: Life Span Human Development
5. Rider, Elizabeth : Life Span Human Development
6. McConnel : Understanding Human Behaviour
7. Kastenbaum: Humans Developing: Life Span Perspective
8. Zastrow, Kirst, Ashman: Understanding Human Behaviour & the Social Environment
9. Newman & Newman: Development through Life
10. Ashford, Lecroy & Jose: Human behaviour in Social Environment
11. Zastrow H Charles, The Practice of Social Work, Brooks/Cole publishing company, USA, 1999, 6<sup>th</sup> edn.

## **Core Course**

### **Semester III**

**Credit - 4**

**5 HRS**

## **15. WORKING WITH COMMUNITY AND SOCIAL ACTION**

### **Objectives:**

- To understand the elements of community organisation practice
- To appreciate the multiplicity of skills required for a community organiser
- To familiarise with skills in Social Action.

**Module 1 – Community Organisation**

Meaning and definition , objectives, steps, principles, salient features of community organisation

**Module 2 -Process**

Need Identification and prioritisation - Social Survey, Participatory Methods

**Module 3 – Resource Mobilisation**

Types of resources, Fund raising, Networking and Partnership

**Module 4 – Role of Community Organiser**

Different roles of community organiser- Guide, Enabler, Expert , Therapist

**Module 5 - Social Action**

Concepts and definitions, Objectives. principles and social action movements in India- Satyagraha, Gramdan, Bhoodan, Narmada Bachao Aandolan, Anna Hazare and the Aam admi movement

**Reference:**

- 1 Ross Murray, G., (1985). Community Organization: Theory and Principles. New York: Harper and Row Pub.
- 2 Siddhiqui, H.Y. (1997). Working with community. New Delhi: Hira Publications.
- 3 Cox M. F. & Erlich L, J. (1987). Strategies of Community Organisation. Illinois: F.E. Peacock Publishers
- 4 Jack Rothman and others (2001). Strategies of community interventions & Macro practices – Peacock Publications, 6th Edition
- 5 Dr. Mrs. Banmala, Community Organisation. Indian Institute of Youth Welfare, 134, Shivaji Ma
- 6 Freire, Paulo. Pedagogy of the Oppressed. Adult Education & Liberation.
- 7 Freire, Paulo, Education as Practice of Freedom
- 8 Freire, Paulo, Cultural Action for Freedom.
- 9 Gandhi M.K., Social Service. Work & Reform ( 3 vols.)
- 10 Ramachandran P., (1996). Towards an Understanding of People’s Movements: History from below. Institute for Community Organization Research.
- 11 Adams, Robert, Oominelli, Lena & Payne, Malcom (ed.l, Social Work: Themes, Issues & Critical Debates. Ch. 17, Radical Social Work.
- 12 Kramer, R.M. & H., Spechit, (1974). Community Organisation Practice. Strategies.
- 13 Fink Arthur E (1978). The fields of Social Work. New York : Holt Rinchest and Winston
- 14 Anne Hope & Sally Timmet (1985). A handbook for community workers. 3 volumes, Gwera Mambo Press

**Core Course****Semester III****Credit - 4****5 HRS****16. INCLUSIVE PRACTICE IN SOCIAL WORK****Objectives:**

- To understand the concept of inclusion and types

- To familiarise with various inclusive practices
- To understand the various approaches in inclusive practice

### **Module 1**

Exclusion , Inclusion, Inclusive practices -Concepts, Definition , Meaning and Types

### **Module 2**

Different Approaches- Right Based, Feminist, Anti- discriminatory approach

### **Module 3**

Inclusive Groups- Persons with Disability, Dalits, Adivasis, Fishermen Folk , People living with HIV/ AIDS, Sexual minorities(transgenders, gay/lesbians) and women . Classifications – International Classification of Functioning - Disability and Health , aims, application, scope, social use of ICF Information

### **Module 4**

Problems related to inclusion in various sectors – Education, Work place and Community

### **Module 5**

Best practices and role of NGOs and community in inclusive development , Community based rehabilitation(CBR)

### **References:**

1. Rowan, D. (2013). *Social Work with HIV and AIDS*. USA: Lyceum Books, Inc.
2. Thenpillil, J.(2006). *Socio-cultural dimensions of the HIV/AIDS affected*. India: Claretian Publications.
3. Boswell, D. M. & Wingrove, J. M. (Eds.) (1974).*The handicapped person in the community*. Great Britain: Tavistock Publications Ltd.
4. van Wormer, K., Wells, J. & Boes, M. (2000). *Social work with lesbians, gays and bisexuals: A strength perspective*.USA : Allyn & Bacon.
5. Prakasham, C. P., Vaidyanathan, K. E., Somayajulu, U. V., & Audinarayana, N. (Eds.) (2010). *Health, equity and human rights: Perspectives and issues*. India: Serials Publications.
6. Pattanaik, S. M. (2010). *Dalits and human rights* .India: Mohit Publications.
7. Wikelman, M. (1999). *Ethnic sensitivity in social work*. USA: eddie bowers publishing, inc.

## **Core Course**

### **Semester III**

**Credit - 3**

**5 HRS**

## **17. SKILLS FOR WORKING WITH COMMUNITY**

### **Objectives:**

- To develop skills in the practice of social work in various settings
- To familiarise with the multiple roles of a social worker
- To provide a direct understanding of field practicum

**Module 1**

Field work /Field Practicum – Definition, meaning and objectives, development of problem solving skills at individual, family and community levels.

**Module 2**

Hospital Setting - Medical, Psychiatry and Child Care – skills and techniques, Role of social workers in a speciality hospital and child guidance clinic.

**Module 3**

Correctional Setting- skills and techniques, role of welfare officer in correctional setting, rehabilitation of offenders and role of NGOs.

**Module 4**

Child, School, Family, and Youth - skills and techniques, role of social worker

**Module 5**

Industrial Settings- skills and techniques, role of industrial social worker, CSR in industries

**Reference:**

1. Rameshwari Devi and Ravi Prakash – Social Work – Methods, practices and perspectives
2. Collins Donald, Jordan Cathleen: An introduction to Family Social Work
3. Park K \_ Health Care Service Management
4. Carney P Louis – Corrections: Treatment and Philosophy
5. Venum B Fox – Introduction to Corrections
6. Johnson, Elemer H - Crime Correction and Society 4<sup>th</sup> Edn.

**SEMESTER IV****Complementary Course****Semester IV****Credit - 3****5 HRS****19. MANAGEMENT FOR SOCIAL WORK****Objectives:**

- To acquire knowledge on management theory and to foster skills for administering Human Resources in an Organisation
- To make use of management principles for accomplishing social service programmes effectively and efficiently.
- Enable students to understand budgeting, organise, measure and management policy documents on the functioning of an Organisations and for preparing reports to Stakeholders.

**Module 1**

Management -Meaning, Definitions, Characteristics, Basic Functions and Principles

**Module 2**

**Organisation and Management:** Types of Organisations, Characteristics of Formal and Informal Organisations

**Module 3**

**Basics of organisational behaviour-** characteristics of bureaucratic organisations vis. a. vis. human relations organisation. Managerial processes like division of labour, decision making, communication, supervision, leadership. Motivation .

**Module 4**

Organisational relation – Recruitment and Selection, Training and Development. Performance appraisal – concept and methods.

**Module 5**

Finance Management – concept and process of Budgeting, Public relations, Management Information System (MIS) – concept and meaning.

**Reference:**

1. Principles and Practice of Management – 2001: L. M Prasad
2. Essentials of Management – 2000 – Koontz Herold
3. Financial management – 2003 Pande M
4. Project preparation, Appraisal, Budgeting and Implementation: Chandra Prasanna
5. Personnel Management: Tripathi PC
6. Management of human services and programmes: Lewis Judith

**Core Course****Semester IV****Credit - 4****5 HRS****20. HEALTH AND HEALTH CARE SERVICES****Objectives:**

- To understand the concept of health and its various perspectives
- To familiarise with various health problems and its impact on communities
- To develop skills for planning and implementing community health programmes.

**Module 1**

Concept of health – definitions, dimensions of health, determinants of health: Factors affecting Health/ Health care

**Module 2**

Basic concepts of Nutrition and balanced diet – Constituents of food, Nutritional Deficiency Diseases.

**Module 3**

Personal Hygiene. Environmental health. Epidemiology of diseases.

**Module 4**

Health care services in India – preventive, promotive, curative & rehabilitative aspects. Components of primary health care.

**Module 5**

Public health administration, Public Health programmes in India - Special national level programs for health -Role of social workers in Community health

**References**

1. Park J Park K: Text book of Social and Preventive Medicine
2. Birendranath Ghosh : A True line on Hygiene and Public Health, Scientific Public Co, Calcutta
3. Anderson G. W. and others: Communicable Diseases Control, The Macmillan Co New York
4. Griffith John R : The well managed Community Hospital, Health Administration Press, Ann Arbor
5. Kulkarni A.P: Community Medicine
6. K E Elizabeth : Nutrition & Child Development
7. Sebastine, A. J., & Gabriel, M. (Eds.) (2011). *Health and social work practices: New frontiers and challenges*. India: Authorspress.
8. Schlesinger, E. G. (1985). *Health care social work practice: Concepts and strategies*. USA: Times Mirror/Mosby College Publishing.

**Core Course****Semester IV****Credit - 4****6 HRS****21. SOCIAL WORK ADMINISTRATION****Objectives:**

- To study Agency administration
- To study legal aspects of social work administration
- To create awareness about the various social welfare programmes implemented by Central & State Governments

**Module 1**

Social Work Administration –Meaning, definition and scope. Principles & practice of Human Service HSO administration. Organisation, management, Public Administration. Functions of social work administration.

**Module 2**

The vision/mission/objectives, Commitment and voluntarism.

**Module 3**

Financial administration – Budgeting, accounting, auditing. Social Auditing.

**Module 4**

Non-governmental organisations. Registration of societies and trusts; constitution and byelaws

**Module 5**

Welfare programmes for women, children, youth, aged, destitute and differently abled (institutional and non-institutional), social welfare programmes for SCs & STs.. Social welfare administration in India – Structure, functions and programmes. CSWB, Social Welfare Advisory Board

**References**

1. Kotler ,Philip Roberto : Social Marketing strategies for changing public behaviour,Free Press, New York, 1989.
2. Woodside Marianne: Introduction to Human Services, Brooks Cole pub.Com, 1990
3. Prasad Rameshwar: Social Administration, Shree Publishing House, 1982
4. Sachdeva D.R: Socioal Welfare Administration in India, Kitab Mahal, Delhi, 1995
5. Bare Acts pertaining to the legal aspects of administration.
7. Chowdhary, P. D. (2000). *Social welfare administration*. New Delhi; Atma Ram & sons.

**Core Course****Semester IV****Credit - 4****6 HRS****22. SOCIAL WORK RESEARCH****Objectives:**

- To develop a scientific approach for systematic procedure in social work research
- To familiarise with research methodology and its applications

**Module 1**

Scientific attitude, characteristics, Application of scientific method. Research meaning, objectives and types. Quantitative and Qualitative research - meaning and comparison. Social research and social work Research - need and scope.

**Module 2**

Research problem: identification, selection, formulation of research problem , review of literature, objectives, concepts and their operational definition, hypothesis. Research proposal preparation.

**Module 3**

Research design: exploratory, experimental. Hypothesis , Sampling - meaning, types: probability and non probability. Data collection -source, tools and methods of collecting data

**Module 4**

Pilot study, pre testing of tools. Processing of data- editing, coding, tabulation, Graphical and diagrammatic representation.

**Module 5**

Writing Research Dissertation and components of Dissertation

## Reference

1. Black, Thomas R. - Doing Quantitative Research in Social Sciences, Sage Publications, London 1999
2. Creswell - Research Design, Sage Publication, Thousand Oaks. 1994
3. Stringer, Ernest T. – Action Research: A Handbook for Practitioners, Sage New Delhi, 1996
4. Whyte, William Foote – Participatory Action Research, Sage Publication, London. 1991.
5. Punch Keith – Social Research, Sage Publications, New Delhi. 1998
6. Babbie, Eanl etal.- The Practicing Social Research, Thomson Wordsworth . 2004.
7. Singleton, Roye etal, Approaches to Social research, Oxford University Press. 2003.
8. Lal Das DC – Practice of Social Research: Social Work Perspective, Rawat. 2000.
9. Richards Grinnell – Social Work Research and Evaluation. 2001.
10. Allen Rubin & Earl Babbie – Research Methods for Social Work, Brooks/Cole Publishing Company. California, 1992 (2<sup>nd</sup> edition).
11. Alan Bryman, (2004) Social Research Methods. New York : Oxford University Press
12. Darin Weinberg, (2002). Qualitative Research methods, UK : Blackwell publishing
13. Kothari, C.R. 2004. Research Methodology – Methods and Techniques. New Delhi. New Age International Private Limited.
14. Kultar Singh. 2007. Quantitative Social Research Methods. Sage Publications India PVT LTD. New Delhi.
15. Padgett, D.L. 1998. Qualitative Methods in Social Work Research. Sage Publications. California.

## Core Course

### Semester IV

**Credit - 3**

**5 HRS**

## 23. STATISTICS FOR SOCIAL WORK

### Objectives:

1. To impart knowledge about statistical applications in Research Methodology
2. To familiarize with various statistical techniques for analyzing data

### Module 1

Statistics -place and limitation of statistics in research. , Data Analysis: Variables – meaning, levels of measurement and types- numeric – quantitative, string – qualitative, alphanumeric, independent and dependent.

### Module 2

Steps of data analysis: editing, coding, code book preparation and code sheet preparation. Types of analysis – descriptive and inferential

### Module 3

Measures of central tendency -mean, median, mode. Measures of dispersion -range, mean deviation, quartile deviation, standard deviation.

### Module 4

Testing of Hypothesis , Parametric and Non Parametric Tests, T –Test and Chi –Square Test

**Module 5**

Use of computer in research, introduction to SPSS

**Reference**

1. Agarwal. Y.P. 1998. Statistical Methods Concepts Applications and computation. New Delhi. Sterling Publishes Pvt. Ltd.
2. Gaur, Ajai S and Sanjaya S Saur. 2009. Statistical Methods for Practice and Research. A guide to Data Analysis using SPSS. Sage Publications. New Delhi.
3. Gupta, S. P. 2009. Statistical Methods. New Delhi. Sultan Chand and Sons.
4. Foster, J.J. 1998. Data Analysis Using SPSS for Windows. Sage Publications Ltd. London.
5. Nagar, A.L, Basic Statistics, Oxford, University Press, 2004.
6. Cramer Duncan, (1999). Fundamental Statistics for Social Research: Step-by-Step Calculations and Computer Techniques using SPSS for Windows, New York :Routledge.
7. Earl Babbie, (1998) Adventures in Social research using SPSS. New Delhi : Pine

**SEMESTER V****Core Course****Semester V****Credit 4****6 HRS****26. RURAL AND URBAN COMMUNITY DEVELOPMENT****Objectives:**

- To understand the concepts and strategies of rural and urban community development
- To understand various rural & urban development programmes.

**Module 1**

Rural Community development – Concept, philosophy & methods, early experiments in Rural Community development. Rural community – meaning and characteristic

**Module 2**

Local Self Government Institutions, -Ward, Gram Panchayat, divisions, Zilla Panchayat - Services provided by Panchayat

**Module 3**

Urban community development ward , municipality, corporation- services provided by corporations-

**Module 4**

Relationship between various Rural and urban Local Self Government Institutions

**Module 5**

Rural Development Programmes in XIth Five Year Plan-MGNREGA, NRLM and IAY

**Reference**

1. Alfred De Souza - Urban Growth and Urban Planning, Political Context and Peoples Priorities, Indian Social Institute, New Delhi, 1983

2. Cousins J Williams & Goyder Catherine - Changing Slum Communities; Manohar Publications, Delhi-1979.
3. Lewandowski Susan - Migration and Ethnicity in Urban India; manohar Publication, Delhi-1980
4. Ramachandran R. - Urbanization and Urban Systems in India; oxford University Press-1995
5. Carley Michael; Jenkins Paul & Smith Harry (Ed) - Urban Development & Civil Society; Earthscan Publications Ltd, London-2001
6. Mohlon Apgar, MC Graw – New Perspectives on Community Development. Hill Book Company (UK) Ltd. England. 2000.
7. Rabindersingh Sandhu - Urbanisation in India. Sage publications, New Delhi. 2003
8. Mishra, S.N., Shweta Mishra & Chaitali Pal, Decentralised Planning and Panchayati Raj. New Delhi: Mittal Publications, 2000.
9. Sinha, H.K.(Ed.). Challenges in Rural Development. New Delhi: Discovery Publishing House, 1998.
10. Maheshwari, Shriram. Rural Development in India A Public Policy Approach. New Delhi: Sage Publications, 1985.
11. Singh, Hoshiar. Administration of Rural Development in India. New Delhi: Sterling Publishers Pvt. Ltd., 1995.
12. Mohanan, B. Decentralised Governance and Participatory Development Issues, Constraints, and Prospects. New Delhi: Concept Publishing Company, 2005.
13. Biju, M.R. Politics of Democracy and Decentralisation in India. New Delhi: Atlantic Publishers and Distributors, 1997.

### **Core Course**

#### **Semester V**

**Credit - 4**

**6 HRS**

### **27. SOCIAL LEGISLATION**

#### **Objectives:**

- To provide an overview of social legislation and familiarise students with pertinent legislations.
- To educate the students about the existing judicial system & its functioning.

#### **Module 1 - Social legislation-**

Meaning , scope, social justice , social protection , social defence, an overview Indian Constitution fundamental rights and duties

#### **Module 2**

Types of Law – Civil, and criminal laws concepts- Personal laws - Marriage, divorce, inheritance, Succession, adoption

#### **Module 3**

Laws related to women and Children

#### **Module 4**

Various commissions – women, children human rights, ombudsman and Lokayukta

**Module -5**

Judicial Systems- Different types of courts

**Reference**

1. Gangrade, K.D. Social Legislations in India. Delhi: Concept Publishing Company, 1978.
2. Baxi, U., The State and Human Rights Movements in India, Sage, New Delhi, 1998
3. Manohar S, The Indian Judiciary and Human Rights, Butterworths, New Delhi, 2000
4. Parasuraman S.K.R, G & Fernandez B, Institutional Context: Socio Cultural., Books for Change, Bangalore 2003
5. Singh S. D, Socioeconomic disparities and violation of Human Rights in India: Problems and Perspectives, Deep and Deep, New Delhi, 2001
6. Government of India: The Constitution of India.
7. Bare Acts.
8. Kulkarni P.D: Social Policy and Social Development in India, Association of School of Social Work in India, Madras, 1979
9. Indian Government : The Constitution of India, Government of India Press, New Delhi, 1960

**Elective Course – 1A****Semester V****Credit - 4****6 HRS****28. A. GENDER AND DEVELOPMENT****Objectives:**

- To understand key concepts, issues in gender and development
- To give awareness about reciprocal relationship between women and men in society
- To create awareness about the magnitude of gender disparities in the present context.

**Module 1**

Gender – Definition and related concepts: sex and gender, gender stereotypes, gender bias, feminism, women studies.

**Module 2**

Status and role of women, women and family, women and religion, women and education, women and economy, women and environment, women and health, changing role, status of women in India and Kerala

**Module 3**

Gender issues – widows, unwed mothers, single women, girl children, working women, destitutes, domestic violence, dowry death, sexual exploitation, female infanticide.

**Module 4**

Women and Kerala society. Kerala model of development – implications for women in family, education, employment, politics and environment. Impact of globalisation on women.

## Module 5

73<sup>rd</sup> & 74<sup>th</sup> Constitutional Amendment, Programmes for the development of women – programmes of Central and State Governments. National & State Commission for women. Legislations to protect the interests of women.

### Reference

1. Anne Cranny Francis, Vendy, Gender Studies
2. Neera Desai and M Krishnaraj, Women and Society in India
3. M N Srinivas, Changing Status of Women in India
4. Maitreyi Krishnaraj, women Studies in India
5. Chandrakala, Changing Status of women
6. G Vijayaswari Rao, Women and Society
7. David Boucheir, the feminist challenge
8. Ann Oakley, sex and Society
9. Haralambos, Sociology- Themes and Perspectives

## Elective Course – 1B

### Semester V

Credit - 4

6 HRS

## 28. B. TRIBAL SOCIAL WORK

### Objectives:

- To familiarize the students with the social and cultural life of the Tribal society in India.
- To equip the students for a comprehensive understanding of the transformations in Tribal society in India
- To understand the issue of development of tribes and welfare programmes available for Tribal welfare

### Module I Nature of Tribal society in India

Tribe – Definition, Characteristics, Historical background of Indian tribes, Population, Composition and Distribution – Tribal Zones – Classification of tribes – Class formation in tribes. Tribal Communities of Kerala, Characteristics

### Module 2 - Socio cultural organization

Social stratification, Tribal integration Constitutional safeguard, Tribal society and family, Village and socio- political organizations. Social status of women, Education for Tribal, Tribal Exploitation, Tribal unrest

### Module 3

Understanding Tribes in Kerala context - Tribes of Kerala – Nature and composition – Population and distribution - Socio-economic status of tribal communities in Kerala. – Social and cultural features.

### Module 4

Tribal Movements, Economic life of the Tribes, Tribal economic development, Strategy of economic development of Tribal, Gandhian economy for Tribal development.

## Module 5 – Programmes for Tribal Development

Tribal policy – colonial and post colonial - Tribal welfare – central and state agencies – Role of non-governmental agencies - Educational and occupational transformations.

Exposure visit to a Tribal settlement in Kerala and submit a report based on the socio, cultural and economic organization, Ethics of Tribal Social Work

### References

1. Chandra, Ramesh, Minority- Social and Political Conflict
2. Thomas, John K, Human Rights of Tribals
3. Gupta, Aman, Human Rights of Indigenous people
4. Prasad, Archana. Against Ecological Romanticism, Three Essays Collective, New Delhi, 2003
5. Iyer, L.K.Anathakrishna. The Tribes and Castes of Cochin, Cosmo Pub. N.Delhi 1981(1909)
6. Iyer, Krishna L.A. Tribes and Castes of Travancore, Cosmo Pub.
7. Tripathi S N. Tribals in India: The Changing Scenario, Discovery Pub. 1998
8. Bhandari, B B (Ed) Tribes and Government Policies, Cosmo Pub, 1997.
9. Chacko M Pariyaram. Tribal Communities and Social Change, Sage Pub. N.Delhi, 2005.
10. Joshi, Vidyut. Tribal Situation In India: Issues in Development, Rawat, 1998.
11. Elvin, Verrier. The Tribal World, Oxford University Press, 1964.
12. Rath, Govinda Chandra. Tribal development in India, Sage, 2006.
13. Lodha Neetha, State of Tribal Women, Mangal Deep Pub, Jaipur, 2003.
14. Uttam Kumar Singh &Nayak AK: Tribal Education, Commonwealth Publishers, New Delhi, 1997
15. Sinha BB: Society in Tribal India, B.R Publishing Corporation, Delhi, 1982.
16. Verma RC: Indian Tribes Through the Ages, Publication Division, Ministry of Information and Broadcasting, New Delhi, 1990.
17. Mathur PRG: Tribal Situation in Kerala, Kerala Historical society, Trivandrum, 1977.
18. Deogaonkar SG: Problems of Development of Tribal areas, Leeladevi Publications, Delhi, 1980.
19. Kumar BB: The Tribal Societies of India- a macro perception, Omsons Publications, New Delhi, 1998.

### Core Course

#### Semester V

Credit - 4

6 HRS

### 29. Abnormal Psychology

#### Objectives:

- To provide insight into the various mental disorders and their classification
- To create awareness into the mental health problems of children
- To understand the characteristics of mental health
- To develop sensitivity and objectivity towards persons having mental health problems.

#### Module I

- Abnormal Psychology Meaning And Scope: Defining Abnormal Psychology, Scope Of Abnormal Psychology, Importance Of Studying Abnormal Psychology In Social Work.

- The Historical Background Of Abnormal Psychology: Early Age, Middle Age, Re Appearance Of Scientific Approach, Emergence Of Modern Thought, Current Trends In Abnormal Psychology.

### **Module II**

- Definition And Meaning Of The Concept Of Normality And Abnormality. Normality And Abnormality Criterion- Descriptive, Statistical, Non Statistical, Explanatory, Medical, Psychological And Adjustment Criterion.

### **Module III**

- The Causes Of Abnormal Behaviour: Pre Disposing And Precipitating Causes, Heredity Factors, Biological Factors, Psychological Factors, Sociological Factors.

### **Module IV**

- The Classification Of Mental Disorders (ICD 10 and DSM V), The Necessity And Purpose Of Classification Of Mental Disorders. Definition, Meaning And Types Of Psycho Neurotic Disorders And Psychotic Disorders.

### **Module V**

- Definition Meaning And Types Of Mental Deficiency, Sociopathy , Delinquency And Criminal Behaviour

### **References**

1. Park & Park- Hand book of Social and Preventive Medicine
2. Usha Bhatt – The physically handicapped in India
3. O.S English & N. Stuart- Introduction to psychiatry
4. Marfatia J. C – Psychiatric problems of children
5. Lawson G Lowrey – psychiatry for social workers
6. Pathak S.N. - Medical Social Work.
7. David Mechanic - Medical Sociology.
8. Banerjee G.R. - Papers in Social Work.
9. Goldstein D. -Expanding horizons of medical social work.
10. Turner, F.J. - Differential Diagnosis and Treatment in Social work.
11. Upham .F. - Dynamic Approach to Illness. A Social Work Guide
12. Field M. - Patients are people: A Medical Social Work Approach to Prolonged Illness, Columbia University Press. 1967.
13. S. K Mangal- Abnormal Psychology

**SEMESTER VI****Core Course****Semester VI****Credit - 4****6 HRS****31. PLANNING SOCIAL PROJECTS****Objectives:**

- To understand the elementary principles involved in project preparation
- To familiarise with various social action projects
- To improve the skills of project administration
- To create awareness about the current trend noticed in project preparation and management.

**Module 1**

Plan, programme, project, activity, integrated project – concept, meaning, definition and characteristics. Classification of projects on the basis of purpose, productivity, size and duration

**Module 2**

Planning nature, objectives, types Perspective & Strategic, SWOT analysis. Strategic Planning – concept, meaning, definition, stages involved in project planning cycle.

**Module 3**

Project Cycle, Planning & Management Participatory rural appraisal (PRA) – concept, meaning, definition, objectives and methods. Difference between PRA and Rapid rural appraisal.

**Module 4**

**Project Implementation, monitoring, Evaluation, Review**, Project Management Information System (PMIS) Logical Frame Work (LFA) – concept, meaning, definition. Stake holder analysis Problem tree, Objective tree, alternative strategic analysis, – concept, meaning, definition and types.

**Module 5**

Project proposal writing – Objectives, format and steps involved.

**Reference:**

1. Sam Roy M :Project Planning and Implementation/ Logical Frame 2002
2. Mishra S.N. : Economic Planning
3. Chandra Prasanna: Project Preparation, Appraisal, Budgeting and Implementation
4. Cusworth J W and Franks T.R: Managing Projects in Developing Countries
5. Sam Roy M. :Making development Organisations Perform . 2003
6. Alan D Orr - Advanced Project Management. 2004
7. Pande, M Financial Management. 2003
8. Azhar Kasmi, Business Policy. 2004
9. Koontz Harold: Essentials of Management. 2000.
10. L.M. Prasad: Principles and Practice of Management. 2001
11. COADY, International: Project Planning and Management. 2001
12. NORAD. 2<sup>nd</sup> ed. The Logical Framework Approach (LFA), Handbook for Objective oriented Planning. 2001.

**Core Course****Semester VI****Credit - 3****5 HRS****32. SOCIAL WORK AND CONTEMPORARY ISSUES****Objectives:**

- To create an awareness of contemporary issues like HIV/AIDS, Disaster Management, children and child rights, people in distress
- To understand the process and skills involved in disaster management

**Module 1**

The HIV/AIDS: concept and meaning. Social Work intervention – skills and abilities in dealing with HIV/AIDS Prevention. Kerala Aids Control Society- Objectives and programmes.

**Module 2**

Disaster management: Concepts and meaning of hazards, vulnerability, risk and mitigation, types of disasters. Activities of Government agencies for disaster management – Role of Govt. & voluntary organisations, Preventive measures - Community Based Disaster Preparedness (CBDP)

**Module 3**

Suicide: Definition, types of suicide - Incidence and prevalence of suicide International, National and in Kerala. - Impact on the individual and family - Suicide prevention and control, social work intervention with the survivors, children and families.

**Module 4**

Persons in distress (Human Trafficking)- Concept of Human Trafficking - Causes and factors contributing to Human Trafficking - Child in distress - Adolescent in distress – Influence of Drugs, Media, Women in distress – Trafficking, Sex Workers. Interventions for children, adolescent and women, Child Rights

**Module 5**

Social disability: Meaning, The protection of Civil Rights Act, 1955 – objectives and salient features. Waste management issues.

**Reference:**

1. Chaturvedi TN: Administration of disabled policy and organizational issues, New Delhi, 1981
2. Joint Asst. Centre, Natural Disaster, New Delhi. 1980
3. Fritze, C.E, “Disaster”, International Encyclopaedia of Social Sciences, Vol. IV. 1968
4. Journal related to Social Work, Health for Millions, Health Action.
5. Ranjani K. Murthy (ed) Building Women Capacities - Intervention in Gender Transformation. New Delhi: Sage Publication. 2001
6. KRISIS (Kerala Integrated Scheme for Intervention in Suicide). A handbook on Suicide Prevention Strategies. 2005.
7. Dunne EJ Melntosh JI Dunne Maxim K (eds) Suicide and its Aftermath. Understanding and Counselling the Survivors. New York. WW Norton. 1987
8. Hawtan Raith and Catalal Jose: Attempted Suicide a Practical guide to its Nature and Management. New York Oxford University. 1989

**Core Course****Semester VI****Credit -3****5 HRS****33. FAMILY LIFE EDUCATION****Objectives:**

- To familiarise with various aspects related to family life
- To equip students with the skills to deal with problems in families

**Module 1****FAMILIES & INDIVIDUALS IN SOCIETAL CONTEXTS**

- An understanding of families and their relationships to other institutions, such as the educational, governmental, religious, and occupational institutions in society.
- Internal Dynamics of Families- An understanding of family strengths and weaknesses and how family members relate to each other.
- Family Resource management- An understanding of the decisions individuals and families make about developing and allocating resources (e.g., time, money, material assets, energy, friends, neighbours, and space) to meet their goals.

**Module 2****Family life education –**

- Concept and meaning, importance of family life education, role of home, school and religion in imparting family life education.
- An understanding of the general philosophy and broad principles of family life education in conjunction with the ability to plan, implement, and evaluate such educational program

**Module 3****Human Sexuality:**

- Male Female reproductive organs male and female reproductive systems.
- Importance of sex in family life. Functions of sex – reproduction, procreation and relational aspects of sex.
- An understanding of the physiological, psychological, & social aspects of sexual development throughout the lifespan, so as to achieve healthy sexual adjustment.
- Another aspect of sexuality- Transgender

**Module 4****Family welfare programmes**

- Methods, use of contraceptives, abortion, medical termination of pregnancy act.
- An awareness of various family welfare programs introduced by Government of India
- An understanding of legal issues, policies, and laws influencing the well-being of families.

**Module 5****Marriage and parenting**

- Importance of marriage, common concerns – arranged marriage and love marriage. Living together, individual differences, problems and adjustments, accepting and respecting each other, communicating

difficult feelings, premarital counselling. Moral, cultural and social values in family life. Marital life and role expectations. Divorce – psychosocial effects of divorce and separation.

- Parent education and Guidance-An understanding of how parents teach, guide, and influence children and adolescents as well as the changing nature, dynamics and needs of the parent child relationship across the lifespan

**Reference:**

1. Margaret W Matlin – Psychology of women
2. F Philip Rice – The adolescent development, relationship and culture
3. Krishna Chakraborty – Family in India
4. Masters & Johnson – Human Sexual response
5. Aruna Khasgiwala – Family Dynamics
6. John Gray – Men are from Mars and Women are from Venus.

**Elective Course – 2 A**

**Semester VI**

**Credit -4**

**5 HRS**

**34. A. PROGRAMME AND SERVICES FOR THE ELDERLY**

**Objectives:**

- To understand the aspects of ageing
- To familiarise with perspectives in gerontology and gerontological social work.

**Module 1**

Adult Development & aging: Old age- aging and ageism- characteristics-physical, social, emotional changes-health behaviors, interests and activities- personal and social adjustments- vocational and marital adjustments-hazards and problems-mental health and aging- dying, death & bereavement.

**Module 2**

Problems of aging Sociological and Psychological perspective with special reference to elderly in India Family and elderly. Social and vocational rehabilitation Policy, programme and services available for elderly

**Module 3**

Definition of Gerontological Social Work, Role of Social Worker in the case of elderly. The interdisciplinary team in Geriatric care.

**Module 4**

Components of Gerontological Social work- New patient assessment Demographics- Medical and Social concern- living situation-education and work history- Family composition-Social supports-Sensory loses- Financial resources- Vulnerability-Substance use-Spirituality- activity level- mental health. Essential components of family assessment-Providing solutions to - care - giver burden common problems addressed in psychotherapy, with the elderly.

**Module 5**

Components of Gerontological Care Management in Social Work, Community based programmes. Individual treatment methods for elderly, Support groups for older adults: qualities of effective groups Empowerment oriented Social work practice with the elderly

**References**

1. Chowdhari Paul: Ageing and the Aged, New Delhi, 1992.
2. Dandekar Kumudini: Elderly in India, New Delhi, 1986.
3. Desai KG : Ageing in India, Bombay 1982.
4. Kahandpur KL, Senior Citizens in India, Bombay, 1992
5. Nair TK: Community Care of the Elderly: a study of Family and community Based Services in Madars, Ramana KV, Visakhapatanam
6. Manikkarasa Devakumar & Ninan Kurian: Dementia in Developing World, Alzheimer's & Related Disorders Society of India, Kunnamkulam, 1998
7. Bellak Leopold: Geriatric Psychiatry .A handbook for psychiatrics and Primary
8. Karasu Toksoz B: Care Physicians.
9. Chowdhary Paul D: Aging and Aged: A source Book
10. Cox Enid O: Empowerment Oriented Social work
11. Parsons Ruth J : Practice with the Elderly

**Elective Course – 2 B****Semester VI****Credit - 4****5 HRS****34. B. DEVELOPMENT COMMUNICATION****Objectives:**

- To understand key concepts in development communication
- To give awareness about media in development
- To develop critical awareness about the development communication in the present context.

**Module 1**

Communication: Definition, objectives, purpose, evolution, barriers.

**Module 2**

Media and Development- Concept of development, Prerequisites, Relationship of media and Development Communication,

**Module 3**

Functions and priorities of media Development, Influence of media on different target group.

**Module 4**

Mass Communication and Mass Media- Types of group and mass media, Exhibitions, cinema, television, radio, print media. Theatre, folk media, information technology, World Wide Web.

**Module 5**

Skills- Effective public speaking, meetings, conference, seminar, effective written communication, street theatre.

**References**

1. Margerson Charles J : Art of Effective Communication: Conversation Control skills for Managers, Excel Books, New Delhi. 1996
2. Rayude CS: Media and Communication Management, Himalaya Pub.House, Mumbai. 1998
3. Rayude CS: Communication Himalaya Pub. House, Mumbai. 1997
4. Croteau David&Hoynes Williams:Media/Society: Industries, Images, and Audiences, Pine Foprge Press., 2000

**Open I (Open to other students) Maximum 15 students needed****Semester V****SOCIAL WORK****Credit 2****Hrs 3****Objectives**

1. To understand the basic values and principles of social work profession.
2. To create awareness about enlarging scope of social work profession
3. To provide insights into social problems

**Module I Social Work**

Meaning, definitions, basic assumptions, scope, objectives, functions and methods

**Module II Social Work Philosophy**

Philosophy of social work, basic values, code of ethics and principles of social work

**Module III Fields of Social Work**

Fields of social work: Family and child Welfare, Foster Care, Adoption services, Child Guidance Clinics, Medical and Psychiatric Social Work, Correctional Administration, Disaster Management, Counselling and Rehabilitation

**Module IV Disaster Management**

Disaster Management – concepts, meaning of Hazards, Vulnerability, Risk and Mitigation, Types of Disaster, Preventive measures. Role of voluntary organisations.

**Module V Substance Abuse**

Substance Abuse: Causes, Types, preventive measures. Suicide: Definition, causes, preventive measures and Crisis intervention.

**References**

1. Devi, Rameswari; Praksh, Ravi Social Work: Methods, practices and perspectives: Vol I, Mangal Deep Publications. 2004

2. Zastrow Introduction to social work and social welfare, The Dorsey Press. 1996
3. Misra P.D. Social Work: Philosophy and Methods, Inter-India Publications. 1994,
4. Desai Murli Ideologies and Social Work Historical and Contemporary Analyses, Hyderabad: Rawat Publication, 2010.
5. Chowdhary, Paul D. Introduction to Social Work; history, concept, methods and fields, Atma Ram & Sons. 1984
6. Friedlander, Walter A. Concepts and Methods of Social Work, Prentice Hall of India Private Limited. 1964
7. Wadia A.R. History and philosophy of social work in India, Allied Pacific Private Limited. 1961
8. Zastrow H Charles, The Practice of Social Work, Brooks/Cole publishing company, USA, 1999, 6<sup>th</sup> edn.
9. Khinduka, S.K. (Ed.) Social Work in India. Allahabad: Kitab Mahal (W.D.) Pvt. Ltd., 1965.
10. Dubois, Brenda and Karla Krogsrud Miley. Social Work An Empowering Profession. Boston: Allyn and Bacon, 2002.
11. Dinitto, Diana, M. (2008). Social Work Issues and Opportunities in a challenging profession (3<sup>rd</sup> edition). Chicago: Lyceum Books
12. Fink, Arthur et al (1985). The fields of Social Work. Beverly Hills, Calif: Sage Publications
13. Gore, M. S. (1965). Social Work and Social Work Education. Bombay: Asia Publication House
14. Hepworth, Dean H (2010). Direct Social Work Practice-Theory and skills (8<sup>th</sup> edition). New York: Brooks/Cole.
15. Konopka, Gisela(1958). Social Work Philosophy. Minneapolis: The University of Minnesota Press.
16. Palackappilly, George & Felix T.D.(1998). Religion & Economics, Gandhism, Buddhism. AIDBES, SPCI House

## Sem V & VI

### PROJECT WORK

No. of Credits - 4

Hrs. Sem V-3hrs, Sem VI- 3hrs (Total 6 hrs)

#### Specifications of project work

1. The project work may be any social problem relevant to the study of Social Work
2. It should be based on either primary or secondary source of data
3. It should be 40-60 typed spiral bind one ( 12 fond times roman 1.5 space )
4. The project work shall contain the following items
  - Introduction & Review of literature
  - Methodology
  - Analysis,
  - Conclusion & Suggestions if any
  - Bibliography & Appendix if any
5. 25 percent of the total score of the project work is based on a viva voce
6. The project assignment may be given in the 5<sup>th</sup> semester and report should be submitted at the end of 6<sup>th</sup> semester
7. The viva voce will be conducted under the leadership of the Chairman of the Examination board.
8. An acknowledgement, declaration, certificate of the supervising teacher etc should be also attached in the project work

### Evaluation Indicators

#### 1. Project Report

No	Indicators	Score *	W point	Total
1	Introduction & Review of literature		1	
2	Methodology		2	
3	Analysis,		3	
	Conclusion & Suggestions		1	
4	Bibliography & Appendix		1	
	<b>Total</b>		<b>8</b>	

\*The score may be either A, B, C, D or E

#### 2. Viva Voce

No	Indicators	Score *	W point	Total
1	Presentation skills		1	
2	Clarity in the subject		2	
3	Defending		1	
4	Overall		1	
	<b>Total</b>		<b>5</b>	

\*The score may be either A, B, C, D or E

### PATTERN OF QUESTIONS

The Pattern of Questions shall be

I Objective type questions (4 Bunches). Each bunch consists of 4 questions .W- 1 for Each bunch

II. Short answers ( 6 out of 9) W- 1

III. Short essay (4 out of 6 ) W- 2

IV Long essay (2 out of 3) W – 4

– The objective type questions may be one word answer, fill up, true or false, match the Following, multiple choice questions etc...

– The short answers may be conceptual in nature

– The short essays may be conceptual and analytical in nature

– Among the long essays one shall be in application level question

#### Eligibility for Admission

- Pass in Higher Secondary Examination or its equivalent , recognized by the University of Kerala
- Those who have studied Social Work as a subject will be given 10% weightage of marks scored for Social Work will be added to the grand total.



# UNIVERSITY OF KERLA



**Scheme and Syllabus  
for Career related First Degree Programme  
under CBCS system – 2 (b)  
in Affiliated Colleges 2014**

## **SOCIAL WORK**

**2014**