

| **University of Kerala** | | |
| --- | --- | --- |
| Discipline: Psychology |  | Time: 1 Hour 30 Minutes (90 Mins.) |
| Course Code: UK1DSCPSY101 |  | Total Marks: 42 |
| Course Title: Fundamentals of Psychology |  |  |
| Type of Course: DSC |  |  |
| Semester: 1 |  |  |
| Academic Level: 100-199 |  |  |
| Total Credit: 4, Theory: 3 Credit |  |  |

Part A. 6 Marks. Time: 6 Minutes Objective Type. 1 Mark Each. Answer All Questions

(Cognitive Level: Remember/Understand

| **Qn.**  **No.** | **Question** | **Cognitive**  **Level** | **Course**  **Outcome (CO)** |
| --- | --- | --- | --- |
| 1. | Psychology is best defined as the scientific study of:  a) Mind  b) Behavior and mental processes  c) Social interactions  d) Thought and emotion | Remember | CO1 |
| 2. | Which of the following is an ethical requirement in psychological research?  a) Deception  b) Remuneration  c) Informed consent  d) Manipulation | Remember | CO2 |
| 3. | The focus on the individual's potential for personal growth is a key tenet of …………… psychological approach  a) Behavioristic  b) Humanistic  c) Cognitive  d) Gestalt | Understand | CO2 |
| 4. | In psychology, “empiricism” refers to the idea that:   1. Knowledge is based on observation and experience 2. Knowledge is gained only through intuition 3. Beliefs should align with social norms 4. Facts must be determined by authority | Understand | CO4 |
| 5. | Which of the following refers to the tendency to rely too heavily on the first piece of information encountered when making decisions? a) Anchoring Bias  b) Confirmation Bias  c) Hindsight Bias  d) Availability Heuristic | Understand | CO2 |
| 6. | What is meant by “interdisciplinary nature” in psychology?   1. Psychology relies on biological insights 2. Psychology collaborates with other fields 3. Psychology is explores the disciplines of philosophy and biology 4. Psychology integrates theory, research and practice | Understand | CO2 |

Part B. 8 Marks. Time: 24 Minutes

Short Answer. 2 Marks Each. Answer All Questions (Cognitive Level: Understand/Apply)

| **Qn.**  **No.** | **Question** | **Cognitive**  **Level** | **Course**  **Outcome (CO)** |
| --- | --- | --- | --- |
| 7. | How does an experiment differ from a naturalistic observation in psychological research? | Understand | CO2 |
| 8. | What are the essential skills needed for a psychologist? | Understand | CO3 |
| 9. | How would you apply confidentiality in a therapeutic setting? | Apply | CO4 |
| 10. | How would you apply critical thinking skills when analyzing a psychology-related news or a psychological research study? | Apply | CO5 |

Part C. 28 Marks. Time: 60 Minutes

Long Answer. 7 marks each. Answer all 4 Questions, choosing among options within each question.

(Cognitive Level: Apply/Analyze/Evaluate/Create)

| **Qn.**  **No.** | **Question** | **Cognitive**  **Level** | **Course**  **Outcome (CO)** |
| --- | --- | --- | --- |
| 11 | 1. Discuss the role of critical thinking in debunking myths and intuitive errors in psychology, such as the Barnum effect.   OR   1. How do empathy and emotional intelligence relate to effective interpersonal communication? | Apply | CO2 & 4 |
| 12 | 1. Explain the primary ethical principles guiding psychological assessment and research.   OR   1. Explain the differences between single-blind and double-blind methods and their roles in reducing bias. | Analyze | CO4 & 2 |
| 13 | 1. Is it ever justifiable to breach confidentiality in psychology? If so, under what circumstances?   OR   1. Which is more detrimental in scientific research: confirmation bias or the illusion of causality, and why? | Evaluate | CO4 & 2 |
| 14 | 1. Design a program that integrates the specialties of industrial-organizational psychology and counseling psychology to improve employee well-being in the workplace.   OR   1. What is intuitive thinking, and how can it lead to errors in judgment? Provide examples of common errors. | Create | CO1 & 4 |

| **Course**  **Outcomes** | **Marks** | **Percentage** |
| --- | --- | --- |
| CO1 | 2 | 4.76 |
| CO2 | 8 | 19.04 |
| CO3 | 14 | 33.33 |
| CO4 | 7 | 16.66 |
| CO5 | 11 | 26.19 |
| **TOTAL** | **42** | **100** |

| **Cognitive**  **Level** | **Marks** | **Percentage** |
| --- | --- | --- |
| Remember | 2 | 4.8 |
| Understand | 8 | 19.0 |
| Apply | 11 | 26.2 |
| Analyse | 14 | 16.7 |
| Evaluate | 7 | 16.7 |
| **TOTAL** | **42** | **100** |