

| **University of Kerala** | | |
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| Discipline: Psychology |  | Time: 1 Hour 30 Minutes (90 Mins.) |
| Course Code: UK1DSCPSY100 |  | Total Marks: 42 |
| Course Title: Foundations and Methods of Psychology |  |  |
| Type of Course: DSC |  |  |
| Semester: 1 |  |  |
| Academic Level: 100-199 |  |  |
| Total Credit: 4, Theory: 3 Credit |  |  |

Part A. 6 Marks. Time: 6 Minutes Objective Type. 1 Mark Each. Answer All Questions

(Cognitive Level: Remember/Understand)

| **Qn.**  **No.** | **Question** | **Cognitive**  **Level** | **Course**  **Outcome (CO)** |
| --- | --- | --- | --- |
| 1. | Which goal of psychology focuses on understanding the reasons behind behavior?  A) Description  B) Prediction  C) Explanation  D) Control | Remember | CO1 |
| 2. | Graphology claims to analyze:  A) The shape and size of the head  B) Handwriting to infer personality traits  C) The position of planets at birth  D) The movement of the body during speaking | Remember | CO1 |
| 3. | The humanistic approach emphasizes which of the following?  A) Conditioning and reinforcement  B) Unconscious conflicts  C) Self-actualization and personal growth  D) Information processing | Understand | CO1 |
| 4. | Which of the following is a key characteristic of scientific inquiry in psychology?  A) Reliance on intuition  B) Subjectivity  C) Empirical evidence  D) Philosophical speculation | Understand | CO2 |
| 5. | Family dynamics can influence behavior through:  B) Genetic predispositions only  B) Socialization and role modeling  C) Environmental factors exclusively  D) Educational achievement alone | Understand | CO3 |
| 6. | The sociohistorical context in psychology emphasizes the importance of:  A) Biological factors only  B) Historical and cultural influences on behavior  C) Individual experiences alone  D) Experimental methods exclusively | Understand | CO3 |

Part B. 8 Marks. Time: 24 Minutes

Short Answer. 2 Marks Each. Answer All Questions (Cognitive Level: Understand/Apply)

| **Qn.**  **No.** | **Question** | **Cognitive**  **Level** | **Course**  **Outcome (CO)** |
| --- | --- | --- | --- |
| 7. | Identify a professional or research specialty in psychology that interests you and explain why it is a good fit for you. | Understand | CO1 |
| 8. | Explain the difference between single-blind and double-blind methods in experiments. | Understand | CO2 |
| 9. | Explain how availability heuristics can affect decision-making. | Apply | CO2 |
| 10. | Explain the importance of empathy in psychological practice. | Apply | CO5 |

Part C. 28 Marks. Time: 60 Minutes

Long Answer. 7 marks each. Answer all 4 Questions, choosing among options within each question.

(Cognitive Level: Apply/Analyze/Evaluate/Create)

| **Qn.**  **No.** | **Question** | **Cognitive**  **Level** | **Course**  **Outcome (CO)** |
| --- | --- | --- | --- |
| 11 | 1. Propose a set of ethical guidelines for a new psychological research study that involves sensitive topics.   OR   1. What are the ‘levels of explanation' in psychology? Try to explain a person’s trait of social withdrawal at different levels. Demonstrate a reductionist explanation of this trait and discuss the limitations of that explanation. | Apply | CO4 &1 |
| 12 | 1. Critically examine any three popular pseudopsychologies and debunk each of them. Explain their popular acceptance. Suggest ways to overcome their ill effects.   OR   1. Discuss the unifying themes of Psychology. | Analyze | CO4&1 |
| 13 | 1. Evaluate the significance of cultural heritage in shaping individual behavior, particularly in the context of collectivistic versus individualistic cultures.   OR   1. Evaluate the role of critical thinking in improving psychological outcomes and ethical practices. | Evaluate | CO3,2&5 |
| 14 | 1. Evaluate the various non-experimental methods used in psychological research and provide examples.   OR   1. Explain how family, society, and culture can influence individual behavior. Provide examples to illustrate your points. | Evaluate | CO2 &3 |



| **Course**  **Outcomes** | **Marks** | **Percentage** |
| --- | --- | --- |
| CO1 | 2 | 4.76 |
| CO2 | 8 | 19.04 |
| CO3 | 14 | 33.33 |
| CO4 | 7 | 16.66 |
| CO5 | 11 | 26.19 |
| **TOTAL** | **42** | **100** |

| **Cognitive**  **Level** | **Marks** | **Percentage** |
| --- | --- | --- |
| Remember | 2 | 4.8 |
| Understand | 8 | 19.0 |
| Apply | 11 | 26.2 |
| Analyse | 14 | 16.7 |
| Evaluate | 7 | 16.7 |
| **TOTAL** | **42** | **100** |