



Reg. No.:

Name:

University of Kerala

First Semester FYUGP Degree Examination, December 2025

Discipline Specific Core Course

PSYCHOLOGY

UK1DSCPSY104 - FOUNDATIONS OF PSYCHOLOGY

Academic Level: 100-199

2025-Admission onwards

Time: 1 Hour 30 Minutes(90 Mins.)

Max. Marks: 42

Part A. 6 Marks.Time:6 Minutes.(Cognitive Level:Remember(RE)/Understand(UN)) Objective Type. 1 Mark
Each.Answer all questions

Qn No.	Question	CL	CO
1	Which one of the following is closely related to a hypothesis? Options : A)Theory B)Prediction C)Observation D)Sampling	RE	3
2	Which early school of thought focused on Options : A)Functionalism B)Structuralism C)Behaviorism D)Gestalt	RE	1
3	Which one of the following parts of the mind works in the morality principle? Options : A)Ego B)Super Ego C)Id D)Unconscious	UN	2
4	The central nervous system consists of Options : A)Brain and spinal cord B)Brain and endocrine glands C)Spinal cord and peripheral nerves D)Somatic and autonomic systems	UN	4
5	A researcher wants to study aggressive behaviour in children but avoids interacting with them to prevent influencing their behaviour. The most appropriate method is: Options : A)Case Study B)Naturalistic Observation C)Controlled Experimentation D)Survey Method	UN	1
6	The humanistic perspective emphasizes :	UN	2

Qn No.	Question	CL	CO
	Options : A)Free will and personal growth B)Unconscious conflicts C)Observable behaviors D)Genetic inheritance		

Part B.8 Marks.Time:24 Minutes.(Cognitive Level:Understand(UN)/Apply(AP))Short Answer. 2 marks each.Answer all questions

Qn No.	Question	CL	CO
7	Explain the goals of psychology.	UN	1
8	Describe the major contributions of early philosophical thinkers such as Descartes and Locke to the development of psychology	UN	2
9	Apply your knowledge of the autonomic nervous system and the endocrine system to explain how they would produce symptoms such as rapid heartbeat, fear, sweating, and hormonal imbalance in a patient experiencing stress.	AP	3
10	“Apply the survey method to design a study that assesses the sources and levels of stress among students in a classroom setting. Explain how you would collect, record, and interpret the data.”	AP	3

Part C. 28 Marks.Time:60 Minutes (Cognitive Level:Apply(AP)/Analyse(AN)/Evaluate(EV)/Create(CR)) Long Answer.7 marks each.Answer all 4 Questions choosing among options * within each question

Qn No.	Question	CL	CO
11	A) In a school, students show different behaviours such as lack of attention, stress during exams and non-cooperation with teachers. Apply your knowledge in the nature of Psychology to solve the problems. OR B) How would you apply ethical principles while conducting psychological research involving human participants ?	AP	1, 3
12	A) In a class, a student who was once quiet begins actively participating after receiving praise from the teacher. Analyse this change in behaviour, using the principles of behavioural perspective, such as reinforcement and learning. OR B) Analyse the historical development of psychology from its philosophical origins.	AN	2, 2

Qn No.	Question	CL	CO
13	<p>A) Experiments in Psychology help identify cause and effect relationships, but they may not always reflect real life behaviour. Evaluate the procedure, usefulness and limitations of the experimental method in studying human behaviour.</p> <p>OR</p> <p>B) Correlational studies cannot establish causation. Evaluate this statement with examples and explain why correlation may still be valuable for psychologists.</p>	EV	2, 4
14	<p>A) Create a counseling plan for a college student struggling with social anxiety incorporating humanistic approach</p> <p>OR</p> <p>B) Prepare a simple classroom poster of the Nervous System including its major divisions (CNC & PNS) and show how they work together to control body functions.</p>	CR	5, 4