



Reg. No.:

Name:

University of Kerala

First Semester FYUGP Degree Examination, December 2025

Discipline Specific Core Course

PSYCHOLOGY

UK1DSCPSY104 - FOUNDATIONS OF PSYCHOLOGY

Academic Level: 100-199

2024-Admission onwards

Time: 1 Hour 30 Minutes(90 Mins.)

Max. Marks: 42

Part A. 6 Marks.Time:6 Minutes.(Cognitive Level:Remember(RE)/Understand(UN)) Objective Type. 1 Mark
Each.Answer all questions

Qn No.	Question	CL	CO
1	Who is known as the “father of modern philosophy”? Options : A)Galen B)Descartes C)John Locke D)Hippocrates	RE	1
2	The famous quote "Cogito, Ergo sum" (I think, therefore I am) was given by _____. Options : A)Rene Descartes B)Aristotle C) Plato D)Socrates	RE	1
3	A variable that is measured in an experiment is known as: Options : A)Independent variable B)Dependent variable C)Extraneous variable D)Confounding variable	UN	4
4	Which research method would be best for investigating cause-and-effect relationships between variables? Options : A)Case study method B)Correlation method C)Experimental method D)Survey method	UN	4
5	What was the primary focus of structuralism in psychology? Options : A)Understanding the functions of mental processes B)Analyzing the structure of conscious experience C)Investigating unconscious motives D)Exploring social influences on behavior	UN	1

Qn No.	Question	CL	CO
6	<p>What was the primary focus of structuralism in psychology?</p> <p>Options :</p> <p>A)Understanding the functions of mental processes</p> <p>B)Analyzing the structure of conscious experience</p> <p>C)Investigating unconscious motives</p> <p>D)Exploring social influences on behavior</p>	UN	1

Part B.8 Marks.Time:24 Minutes.(Cognitive Level:Understand(UN)/Apply(AP))Short Answer. 2 marks each.Answer all questions

Qn No.	Question	CL	CO
7	Differentiate structuralism and functionalism.	UN	1
8	What is the main focus of Developmental Psychology?	UN	2
9	A researcher wants to find out whether the amount of time adolescents spend on social media is related to their levels of anxiety. Explain whether this scenario should be investigated using a correlational study or an experimental study, and justify your choice based on the key differences between the two approaches.	AP	4
10	Explain how the somatic and autonomic divisions of the Peripheral Nervous System (PNS) would respond differently to the following scenario: A person is walking in the park and suddenly encounters a threatening dog.	AP	5

Part C. 28 Marks.Time:60 Minutes (Cognitive Level:Apply(AP)/Analyse(AN)/Evaluate(EV)/Create(CR)) Long Answer.7 marks each.Answer all 4 Questions choosing among options * within each question

Qn No.	Question	CL	CO
11	<p>A)</p> <p>You have been asked to study teenagers' social media habits. Describe how you would use the survey method to collect reliable data, and explain why this method is appropriate for this topic.</p> <p>OR</p> <p>B)</p> <p>Apply psychodynamic principles to explain human behavior.</p>	AP	4, 3
12	<p>A)</p> <p>Discuss the biological perspective in psychology. Analyze how genetics, the brain, neurotransmitters, and hormones influence behavior and mental processes. Provide examples of biological factors affecting psychological disorders.</p> <p>OR</p> <p>B)</p> <p>Analyze the structure and function of the nervous system with the help of a diagram.</p>	AN	5, 5

Qn No.	Question	CL	CO
13	<p>A)</p> <p>Evaluate the importance of different branches of applied psychology (e.g., clinical, educational, industrial-organizational) in addressing contemporary societal issues. Which branch do you believe is most crucial today, and why?</p> <p>OR</p> <p>B)</p> <p>Evaluate the importance of ethical considerations in psychological research.</p>	EV	6, 4
14	<p>A)</p> <p>Evaluate the significance of the developmental perspective in shaping our understanding of human behavior throughout the lifespan.</p> <p>OR</p> <p>B)</p> <p>Analyze the strengths and limitations of the case study method and the survey method in studying human behavior.</p>	CR	3, 4