



Reg. No.:

Name:

University of Kerala

First Semester FYUGP Degree Examination, December 2025

Discipline Specific Core Course

PSYCHOLOGY

UK1DSCPSY100 - FOUNDATIONS AND METHODS OF PSYCHOLOGY

Academic Level: 100-199

2024-Admission onwards

Time: 1 Hour 30 Minutes(90 Mins.)

Max. Marks: 42

Part A. 6 Marks.Time:6 Minutes.(Cognitive Level:Remember(RE)/Understand(UN)) Objective Type. 1 Mark
Each.Answer all questions

Qn No.	Question	CL	CO
1	What is the best definition of psychology? Options : A)The study of human anatomy and biological processes B)The scientific study of mind and behavior C)The practice of counseling and therapy D)The study of social interactions and communication	RE	1
2	Who developed a pyramid model of human needs ranging from basic physiological needs to self actualization? Options : A)Carl Rogers B)Viktor Frankl C)Abraham Maslow D)Gordon Allport	RE	1
3	Which psychologist is most associated with the development of behaviorism? Options : A)John B Watson B)Abraham Maslow C) Carl G Jung D)William James	UN	1
4	Identify the Psychological method ideal for studying a person with a rare neurological disorder Options : A)Quasi Experiment B)Observational Method C)Case Study D)Survey Method	UN	1
5	Identify the phenomenon that occurs when people give high credibility to general descriptions that could apply to anyone. Options : A)Forer Effect B)Barnum Effect C)Halo Effect D)Confirmation Bias	UN	1

Qn No.	Question	CL	CO
6	Point out an instance of Pseudo-psychology from the following Options : A)Behaviourism B)Mentalism C)Introspection D)Yoga	UN	1

Part B.8 Marks.Time:24 Minutes.(Cognitive Level:Understand(UN)/Apply(AP))Short Answer. 2 marks each.Answer all questions

Qn No.	Question	CL	CO
7	Why is the principle of Beneficence and Nonmaleficence important in psychological research and practice	UN	4
8	Briefly explain any two techniques to reduce errors and biases.	UN	1
9	How would a psychologist apply observation skills to assess a client during therapy.	AP	3
10	Explain the goals of psychology with examples	AP	3

Part C. 28 Marks.Time:60 Minutes (Cognitive Level:Apply(AP)/Analyse(AN)/Evaluate(EV)/Create(CR)) Long Answer.7 marks each.Answer all 4 Questions choosing among options * within each question

Qn No.	Question	CL	CO
11	A) What are the essential skills for psychologists? How can they be applied in practice? OR B) Elucidate the role of informed consent, deception, debriefing and confidentiality in psychological research.	AP	5, 4
12	A) Discuss the unifying themes of Psychology. OR B) Analyze the difference between experimental and non-experimental methods in psychological research.	AN	4, 3
13	A) Examine correlation methods and use Ebbinghaus's memory study as an example of correlational research.	EV	2, 2

Qn No.	Question	CL	CO
	<p>OR</p> <p>B)</p> <p>Evaluate the role of critical thinking in improving psychological outcomes and ethical practices.</p>		
14	<p>A)</p> <p>Evaluate the role of social factors, such as peer influence and family dynamics, in shaping behavior during adolescence.</p> <p>OR</p> <p>B)</p> <p>Evaluate the significance of cultural heritage in shaping individual behavior, particularly in the context of collectivistic versus individualistic cultures.</p>	CR	2, 3

Model QP