

Ancient texts of Indian cultural heritage are perhaps the oldest surviving literature on sex in the world. These texts well reveal moral perspectives on sexuality, marriage and fertility. Vatsyayana's classic work "Kamasutra" written somewhere between the 1st and 6th centuries reveals the three pillars of effective human life as "Dharma," "Artha" and "Kama" representing moral behaviour, wealth and sensual aspects of life respectively. During the course of cultural evolution the concepts about sex changed in India and it lost its acceptance and various misconceptions crept in.

Sexology, the scientific study of sexuality has become imperative in promoting sexual health. The subject of sexual health is not well represented in the curricula even in any of the medical or academic institutions in India. The quality of each person's sexual life is better represented by sexual health, availability of solutions for sexual problems and the ways to prevent deterioration in sexual health. Fear and anxiety, lack of proper scientific knowledge and misconceptions still remain as main challenges in sexual health. At this juncture we are organizing this National Conference with the theme "Promoting sexual health for better life". It will definitely be a good opportunity to acquire knowledge and skills from persons of high repute and vast experience.

The conference focuses on modern perspective with a multi-disciplinary approach. The scientific program encompasses the advances that have globally revolutionised the management of sexual problems in men and women, so as to impart education, knowledge and current research findings in the field of sexual health similar to mental health. Many renowned international and national faculties working in the field of sexual health will take part in the conference. The program is designed to cater to the immediate healthcare knowledge of professionals and will be of special interest to medical, urological, gynecological, psychiatric, psychological and social scientists. We hope that you will seize this opportunity to participate in the conference and acquire the latest scientific knowledge and it will be an asset in your professional life. We welcome you all to Thiruvananthapuram, the capital city of God's own country and its rich cultural heritage.

About University of Kerala

The earliest origins of the University may be traced back to two institutions of modern learning in Kerala, the University College and Trivandrum Observatory. The University College was initially founded as the Maharaja's Free School by Maharaja Swathi Thirunal in 1836, with Mr. John Roberts, a Christian missionary as Head master and soon it grew in to a college in 1866. It was converted into the University of Travancore in 1937 by the Maharaja of Travancore, Sri. Chithira Thirunal Balarama Varma who was also the first Chancellor of the University of Kerala. In 1957, the Kerala University Act was brought into force and the University of Travancore was renamed University of Kerala. The 42 departments of the University now offer a wide range of teaching and research programs at Post Graduate, M.Phil. and Ph.D. levels. In addition to Departments of Teaching, the University also has several centers of studies and research centers in special areas. The Department of Psychology has been functioning since 1956 and it offers regular M.Sc., M.Phil. and Ph.D. programs.

Objectives of the Conference

- To highlight the importance of non-pharmacological intervention strategies for the sexual problems.
- To provide a platform for discussing the multi-disciplinary approach in the assessment and management of Sexual disorders.
- To create awareness among the public about sexual health.
- To present and discuss the scientific studies of sexuality to promote sexual health.

Conference Topics

Papers may be presented under the following sub-themes

Sexual health: Ancient concepts
 Myths and Misconceptions
 Kamasutra Revisited
 Sex Education and Challenges
 Current issues and Future Perspectives in SexTherapy
 Andropause & Sexuality
 Safe sex and STD/HIV/AIDS
 Sexual dysfunction in Men and Women
 Current and Future Research and Management of Sexual Dysfunctions

Evaluation and management (invasive & noninvasive) of ED.
 Male and Female infertility
 Endocrine dysfunctions and Sexuality
 Surgical aspects of Sexual dysfunction
 Masturbation Addiction
 Holistic approaches in Sexual Medicine
 Live in relations and social issues
 Pornography effect on Sexuality
 Psychosocial counseling in Couples
 Psychosocial aspects of sexual disorders
 Sexual Abuse and Perversions/Child Sex abuse

Proposed National Faculties

Dr. Joseph Thomas M.S., M.Ch.
 Professor & Head, Dept. of Urology, KMC, Manipal
 Dr. G. Venkataratnam, M.D.
 Professor & Head, Rd. Dept. of DVL, Osmania Medical College, Hyderabad
 Dr. Sathy M. Pillai, M.D.
 Medical Director, Samad IVF Hospital, TVM
 Dr. Sheela Balakrishnan, M.D.
 Prof. & HOD, Department of Fertility, SAT Hospital, TVM
 Dr. Padmini Prasad, M.D.
 Gynecologist and Obstetrician, Ramamani hospital, Bengaluru
 Dr. M Manjula
 Additional Professor, Dept. of Clinical Psychology, NIMHANS, Bengaluru
 Dr. K. Promoda MM & S P, Ph.D.
 Consultant Sexologist, Sex Therapist & Clinical Psychologist.
 Dr. Promosa's Institute of Sexual & Marital Health, ERM.
 Dr. Naveep Singh Ting
 Professor and Head, Dept. of Psychology GND University, Amritsar, Punjab
 Dr. Ganeshan V.
 Professor & Former Head, Bharathiar University, Coimbatore
 Dr. S.K. Harikumar
 Team Leader, TSUKSACS,
 Dr. B. Sreejatha, TSUKSACS,
 Dr. Vinod Chebbi
 Sexologist & Psychotherapist, Director, Medisex Foundation, Bangalore
 Dr. Sam P. Abraham
 Medical Director, Abraham's Infertility Centre, Changanacherry, Kerala

CONFERENCE HIGHLIGHTS

The following awards will be distributed
 Best Practitioner's award
 Best innovations awards
 Best paper presentation
 Best Clinical Photograph
 Best Free paper
 Best poster
 Best team in Quiz

Important dates

Last date of submission of abstract : 30/01/2019
 Last date of submission of full text of paper : 20/02/2019
 Last date of registration : 03/03/2019

NATIONAL CONFERENCE ON SEXUAL MEDICINE (NCSM-2019) REGISTRATION FORM

Name (in block letters) :
 Sex :
 Designation :
 Organisation :
 Address for communication :
 E-mail Id/ Phone /Mobile No. :
 Academic Qualification :
 Accommodation required : Yes/No
 Paper presentation : Yes/No
 If yes title of the Paper with Authors

Food preference: Veg () Non-Veg ()

Date:

Signature

*submit registration form and abstract to Dr. Johnson R, Organizing secretary, NCSM-2019, Department of Psychology, University of Kerala, Karivattom Thiruvananthapuram- 695 581, Kerala.

- The abstract up to 250 words must include title, author(s) and institution.
- The subject of the presentation must be related to any aspect of men's/women's health and its management.
- Conference participation is confirmed, subject to submission of full paper and PPT to the organizing Secretary on or before 02.02.2019.
- Registered delegates are most welcome to display their posters at the venue of the conference
- Free Papers/video presentation will be 10 minutes with 3 minutes of discussions
- All the free papers will be displayed on LCD Projection
- Poster should be 60cm X 90 cm size vertical
- Organizing Committee reserves the right for acceptance of scientific papers, film or poster based on the abstract submitted.

Organizing Committee

Prof (Dr.) A. Bijukumar, Dean, Faculty of Science
 Prof (Dr.) R. Jayachandran, Dean, Faculty of Oriental Studies
 Prof (Dr.) G. Suresh Singh, Head Dept. of Mathematics
 Dr. C. Satheeshkumar, Head Dept. of Statistics
 Dr. Antony Palackal, Asso. Professor, Dept. of Sociology
 Dr. S. Simkaraman, Head Dept. of Nano Science and Technology
 Dr. S.A. Shanavas, Former Head, Dept. of Linguistics

Patron

Prof (Dr.) V.P. Mahadevan Pillai
 Hon. Vice Chancellor, University of Kerala

For further information

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NATIONAL CONFERENCE ON SEXUAL MEDICINE (NCSM-2019)

Theme: "Promoting Sexual Health for better life"



20-22 March, 2019

Venue: Senate Chamber
 University of Kerala,
 Thiruvananthapuram

Organised by

Department of Psychology
 University of Kerala
 Thiruvananthapuram.